One City Children and Young People's Board

Date/time	15:30-17:00, Wednesday 14th September 2022
Location	Room 1D01, City Hall
Co-chairs	Cllr. Asher Craig, Jeremiah Dom-Ogbonna
Meeting Attendees:	
In Attendance:	Asher Craig [AC] (Bristol City Council), Benjamin Breeze [BB] (Bristol Sport Foundation), Mark Coates [MC] (Creative Youth Network), Margaret Simmons-Bird [MSB] (Education Specialist), Rachel Robinson [RR] (Playful Bristol), Afzal Shah [AS] (Wellspring Settlement), Sam Rae [SR] (The Prince's Trust), Lucinda Parr [LP] (University of Bristol - UoB), Alistair Dale [AD] (Youth Moves),Fiona Tudge [FT] (Bristol City Council), Anne Malindine [AM] (Raised in Bristol), Ruth Pickersgill [RP] (BDEC)
Observers	Alix Dietzel [AD] (UOB), Claire Corrigan [CC] (BCC), Allan Macleod [AllanM], (City Office), Octavia Clouston [OC], (City Office), Florence Okowa [FO] (University of the West of England), Ellie White [EW] (Bristol Innovation Group), Stephanie Lynch [SL] (BCC), Naomi Bonger [NB] (Murmurations)
Invitees	
Apologies	Jeremiah Dom-Ogbonna [JDO] (Youth Mayor), Emily Bailey [EB] (South Bristol Consortium for Young People), Richard Harris [RH] (City of Bristol College – CoBC), Karen Black [KB] (Off the Record - OTR), Martin Bisp [MB] (Empire Fighting Chance), Melanie Vaxevanakis [MV] (The MAZI Project), Amanda Coffey [AC] (University of the West of England - UWE),), Desmond Brown [DB] (Growing Futures UK), Fatima Mohammed Ali [FMA] (Cotham Gardens Primary School), Victoria Bleazard [VB] (Public Health England - PHE),

ITEM	ACTIONS
1) Welcome and Introductions – Asher Craig [AC]	
• AC welcomed the board members and introduced the presenters and observers	
2) Task and Finish Group Updates – Rachel Robinson [RR]	
RR reported that: • The task and finish group has broadened its focus to mental and physical health and making sure that all Children and Young People can access the mental and physical health services they need • The group discussed how to map all the existing extra-curricular services, both universal and targeted and specialist • The group had 2 realisations: 1) this mapping is an impossible task for this small task and finish group and 2) there's a lot of mapping work already ongoing across the city (BCC data and mapping, family hubs etc) • The group rethought and decided to re-focus on pulling together all the different strands of work going on in this area to look for gaps and, in particular, to look at which audiences those services reach in terms of sign posting. • The group places an emphasis on making sure that people who haven't been able to access information are able to do so.	

- The group changed focus to what is already going on in this are and asked the question: what do we actually need? We need Children, families and practitioners to be able to find information

Discussion

- LP flagged the resonances between the task and finish group's chosen workstreams, and the apprenticeships workstream in terms of mapping the gaps and the emphasis on communication– the common factor is how we get the information to audiences – RR agreed.
- AC agreed and flagged the increase in the mental wellbeing needs of Children and young people –and suggested that there also needs to be work done om whether these services are still meeting the needs of young people.
- AC reiterated the success of the Thrive project and the collaboration between private and public sector.
- RP agreed regarding the importance of communication and flagged how little most schools know about services that are available for mental health.
- RR suggested that the voluntary sector knows more about these services than schools – AC agreed and raised the importance of engaging with SEND coordinators on this issue.
- RP flagged that some schools have combined the SEND and mental health roles.
- MSB suggested that we need to ask young people what they feel is the best way to access mental health support (online or face to face, frequency etc) – and flagged that some schools have employed their own counsellor but more deprived schools are unable to. The two biggest challenges facing schools in the next few years is going to be SEND and mental health.
- RR flagged that there have been pieces of work asking young people how they would like to access these services but there needs to be an emphasis on joining these up.
- AC suggested joining up with the Family Hubs work - RR agreed.
- BB asked if the data RR was talking about was publicly available. AC confirmed that this is called PinPoint and is publicly available.

3) Global Research Report – Ellie White	
- AC introduced BIG intern Ellie white [EW] - EW explained that she focused on the CYP board and the global and local key trends and created 2 reports on her findings (see reports). - The 2 priorities she chose to focus on were mental health and equality and inclusivity of opportunity. - EW summarised the key findings from the global report and highlighted innovative practices around those two priority areas (key projects and key trends both globally and locally) 3 projects highlighted in the global report demonstrated ways that technology was being used innovatively to address mental health: - TILLY (Sri Lanka) - VIVO Teens (South Africa) - Ervine 2 projects highlighted in the Local report:	

- Joey pods: A project currently being launched involving wooden foldable pods that can be utilised in schools which assist children with autism or sensory processing disorders. 10 schools are taking part in this pilot. - Eternal: a pilot project for children who are in hospital involving an app that allows children to share their experiences of being in hospital through a virtual story with their families and with one another. • EW highlighted that a strength of these initiatives is that they have the potential to expand from the settings that they are already in. • EW highlighted other trends she found during her research: - The line between mental health and EDI blurs often and it's better to approach these issues holistically rather than separating them. - Making a safe space between the individual and their world can be a key component for success. - EW highlighted that both community intervention and creating a space that is detached or separate from the environment can be successful measures to improve mental health. Discussion • AC asked if there was any synergy between the 6 different interns' projects. • FO agreed that a holistic approach is better than addressing things separately. • RR highlighted EW's finding that building a space that was detached from the environment was successful and expressed interest in reading more – EW agreed and flagged that this concept is distinct from the premise of social media because the spaces built in the cited pilot projects are for the individual alone. • MSB asked whether the 10 schools piloting the Joey Pods project were a mixture of SEND, primary and secondary - EW confirmed.	City Office to distribute EW's reports.
4) 100% Inclusion Group and Aims	
• AC introduced CC. • AC flagged that the blog about being a 0 exclusion city triggered teachers who felt that this was an unattainable concept. • AC reported that Steve Chalke of Oasis Academy is piloting a similar scheme in Croydon and is working with a number of schools who are connecting with the youth sector to support young people and keep them in schools. • AC flagged that Southwark has also implemented a 0 Exclusions pilot and stated that there will be an event with Steve Chalke with representatives from Southwark around setting up a group of schools to pilot a Bristol based 0 exclusions project. • AC flagged that schools don't necessarily engage with the youth sector and with the wider community and expressed enthusiasm for a pilot project that facilitates this collaboration. • CC flagged that JDO is working on a 100% inclusion scheme which he will be presenting to AC and is working with his headteacher to get a survey out to his school to better engage with them. • AC agreed and reiterated that it is important to destigmatise the problems facing children and families. • MC agreed that we have the power to change that narrative and challenge the resistance to 0 exclusions and flagged that last week notifications went out about the latest ALP framework.	

• MC asked how we find all the pilot projects out there and then connect them to local pots of funding and then embed them sustainably in the local environment. • AC stated that its not that we don't have the resources, its that we're using them in the wrong way. • RP flagged that 2 local secondary schools had been trying successfully to have 0 exclusions for years until now, and the children that are now being excluded are the children with complex needs who are being told there is no place for them. • AC explained that, in bringing in this policy, it will impact all areas of this issue. The bottom line should be trying to get children into school as soon as possible. • AS praised this work and reiterated hoe exclusions create prejudices and reinforce stigmas – and flagged that exclusions are the tip of the iceberg as there are informal exclusions that are not recorded anywhere. • MSB praised the '100% exclusions' branding and flagged that exclusions start in primary schools and that excluding children is a safeguarding issue. • FT stated that the issue is not hearts and minds, it's that schools can't imagine the current system changing. • RR thanked MSB for bringing it back to safeguarding children and young people. • RR flagged that the Ofsted requirements place an emphasis on attendance and performance and therefore work against the 100% inclusion agenda. • A school that's working in a truly trauma informed way is a school that will exclude as few youngsters as possible – if their practice is changing then they can keep youngsters with them for as long as possible. Having someone who's nationally recognised in education the way that Steve Chalke is will be positive for inciting action among schools. • AC thanked everyone for their contributions to this conversation.	
5) SEND Presentation - Stephanie Lynch [StephL] and Naomi Bonger [NB]	
• StephL introduced herself as the SEND parent engagement and co-production lead and gave a presentation on her workstreams (see paper 1) • StephL flagged that the main issues at the start of her role were not collaborating broadly enough with SEND and BME communities. • StephL explained that she started reaching out to community groups including Murmuration in an attempt to build relationships and learn about the missions and priorities in the local environment, and there's now a commitment from Asher and from the senior leadership team at BCC to attend COG (community of groups) meetings. • StephL created an action plan to keep track of workstreams and solutions and to manage co-production (see paper 2) • StephL presented her 'Ask' to the group: for the council to continue to work more broadly with different groups across the city • StephL explained that they're working on making their information more accessible for those for whom English isn't a first language, and on making comms more engaging. • StephL reported that her team wants to put on a SEND fair so that parents can come along and meet staff and community groups and they would welcome more support with this event. • AC stated that SEND was her first priority on taking the CYP portfolio.	 StephL asked the Board Members for support with the SEND fair.

• NB introduced herself and explained that Murmuration community therapy is a local community organisation established in 2020 who's core work is running nurture groups to tackle isolation and improve mental health. • NB reported that: • 72% of SEND parents in the UK experience anxiety and depression as a result of their isolation • They have an 8 week course for parents which is a space for them to share their challenges. • 75% of people who come on the course feel more capable of responding to anxiety afterwards. • The health and wellbeing of parents has a really significant knock-on effect for children as the more socially connected SEND parents are, the more connected their children will be. • Connection is a fundamental plank in the mental health of the parents in these groups – breaking down stigma and challenging prejudice • There's now a new project about nurturing belonging for SEND children in school. • Their next steps are about consolidating the communities they've gathered and supporting nurture groups to stay connected and creating structures to support that Discussion • AC suggested that a representative of the COG should attend the underrepresented groups Task and Finish Group. • LP praised the group's work. • RP asked how Murmurations are working with disabled parents and adults and flagged that WECIL works with 3000 disabled children and adults and suggested that they should link up to create access to role models etc.	City Office and StephL to reach out to the COG group to invite a representative to join the under represented groups Task and Finish Group City Office to link RP with Murmurations to discuss access to role models
6) The Belonging Strategy - All	
• AC introduced the challenge of implementing the Belonging Strategy and creating an action plan and asked Board members to input. • LP stated that the Belonging Strategy helps the university frame its civic action and suggested that this board can enable communication about their respective workstreams to harness all the ongoing action. • AC asked Board Members to go away and think on this and email the City Office with any thoughts, comments or suggestions. • AC flagged that she will ask the Children's services lead to share the action plan with the board. • AM added that there is always an opportunity to work with the other One City Boards and to link in with their thematic agendas	AC asked Board Members to go away and think on this and email the City Office with any thoughts, comments or suggestions.
7) AOB	

• AC flagged that there is a joint Health and Wellbeing and Children and Young People's Board on the 20th of October which all Board Members have been invited to which will focus on the Belonging Strategy, Family hubs and the maternity, equity audit and if board members have any suggestions for item for discussion please send them through. • SR flagged that the Prince's Trust is staying as the Prince's Trust and the King will remain as the president and stated that they will be evolving in their approach to engaging with young people. • AS flagged that there has been a citywide response to floods in Pakistan and stated that, independently of this, they will be doing some work with the police on de-escalation when SEND young people are arrested - RP expressed a desire to link up. • AD flagged that she will be doing work around engaging young people with climate for COP27 and asked for board member input on this- Anne M asked that this would include early years. • AllanM flagged that the One City Plan Refresh will be beginning at the end of the year and the board will have an opportunity to engage with this process. • AllanM also flagged the upcoming City Gathering which will take place in December and will focus on Equality and Inclusion. • AllanM also flagged that the City's second review of progress on the UN Sustainable Development Goals launch event was cancelled as a result of the passing of her Majesty the Queen but the document will be launched online next week.	AC asked Board Members to email in any ideas for discussion during the joint Health and Wellbeing and Children and Young People's Board on the 20th of October City Office to facilitate connecting RP with the work AC is leading on de-escalation when SEND young people are arrested. AD flagged that she will be doing work around engaging young people with climate for COP27 and asked for board member input on this